

## Client Information for Bodycentric Healing Arts

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

May we call you at home? YES/NO work? YES/NO cell? YES/NO

May we leave messages for you at home? YES/NO

E-mail address: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

In case of emergency: \_\_\_\_\_ Phone: \_\_\_\_\_

Your Occupation: \_\_\_\_\_

Age: \_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_ Gender: \_\_\_\_\_

Please list any other medical practitioners seen: \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Specialist \_\_\_\_\_

Chiropractor \_\_\_\_\_ Physical Therapist \_\_\_\_\_

Acupuncturist \_\_\_\_\_ Nutritionist \_\_\_\_\_

Bodyworker \_\_\_\_\_ Others \_\_\_\_\_

Have you ever experienced a professional massage or bodywork session? Yes/No

If yes, how recently? \_\_\_\_\_

Primary reason for this appointment: \_\_\_\_\_

If the above condition is related to an accident or injury, please describe the incident briefly and when it occurred. \_\_\_\_\_

Does the above condition interfere with your work? YES/NO Sleep? YES/NO

Recreation? YES/NO

Are you pregnant? YES/NO

What goals are you looking to attain from your session?

---

Do you exercise? YES/NO Type of exercise & How often? \_\_\_\_\_

Do you wear contact lenses? YES/NO dentures? YES/NO hearing aid? YES/NO

Do you have any other medical condition(s) that the therapist should be aware of prior to administering any form of massage/bodywork? YES/NO

If yes, please specify: \_\_\_\_\_

Are you currently taking medication? If so, please list:

\_\_\_\_\_

\_\_\_\_\_

Please check any of the following conditions that you are currently experiencing or have recently experienced:

MUSCULO-SKELETAL

- Arthritis
- Osteoporosis
- TMJ dysfunction
- Sciatica
- Herniated disc
- Other spine problem(s)
- Bursitis
- Tendonitis
- Other

CIRCULATORY

- Varicose veins
- Blood clots
- High blood pressure
- Low blood pressure
- Phlebitis
- Arteriosclerosis
- Aneurysm
- Easy bruising
- Heart condition
- Other

DIGESTIVE

- Constipation
- Ulcerated Colon
- Spastic Colon
- Abdominal pain
- Stomach ulcer
- Other

MISC.

- Cold hands/feet
- Numb hands/feet
- Headaches
- Migraine headaches
- Fatigue
- Fainting
- Cold or flu
- Shortness of breath
- Severe depression
- Sensitivity to lotions
- Asthma

FEMALES

- Cancer
  - Skin condition(s)
  - Dizziness
  - Recent surgery
  - Nerve pain
  - Insomnia
  - Hepatitis
  - Recent internal bleeding
  - Diabetes
  - Other
- PMS
  - Menstrual cramps
  - Current pregnancy
  - Other

I understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment, and that I should see a physician, chiropractor or other qualified medical specialist for any medical or physical ailment of which I am aware. I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_  
Practitioner Signature \_\_\_\_\_ Date \_\_\_\_\_

Consent to Treatment of a Minor: By my signature, I hereby authorize BodyCentric Healing Arts to administer massage, bodywork, or somatic therapy techniques to my child or dependent as they deem necessary.

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_