

## **Directions to *Bodycentric Healing Arts* in The White Lotus Center**

If you are traveling West (away from the Philadelphia) on Lancaster Avenue, we are 6 blocks past the movie theater in Bryn Mawr. You will see Latrice Dress Shop on the left; turn left into the parking lot immediately past Latrice. Two cement carriage horses flank the entrance. Park here. Our building is behind the Dress Shop. **The White Lotus Center**. Until 6 pm, you will need coins for the meters, one quarter for each half-hour.

If you are traveling on the Expressway, take Rte. 476 (the Blue Route) South towards Chester and then take the next exit for Villanova. Travel East on Lancaster Avenue past Villanova University. You will pass McDonalds on the left, then Rosemont Plaza, then Peace of Pizza, and immediately following Yves Delorme, you will see a municipal parking lot on the right with the two cement carriage horses at the entrance. Pull in and park. We are behind the Latrice Dress Shop in **The White Lotus Center**. Until 6 pm you will need coins for the meters, one quarter for each half-hour.

If you are traveling from the Devon/Wayne area, take Conestoga Road through Rosemont and turn left at Roberts Road. Cross over County Line Road and turn right at the light on Lancaster Ave. You will see a municipal parking lot on the right with the two cement carriage horses at the entrance. Pull in and park. We are behind the Latrice Dress Shop in **The White Lotus Center**. Until 6 pm you will need coins for the meters, one quarter for each half-hour.

The double-glass doors at the front of the building have an access code to unlock the door, which will be included in the appointment confirmation email once you've scheduled a session. Turn the handle and pull the door to open it and come inside. Follow the steps to **the third floor**. Please have a seat in the lounge and someone will be with you momentarily.

*Bodycentric Healing Arts*  
White Lotus Center  
1026 West Lancaster Avenue  
Bryn Mawr, PA 19010

**610-200-8008**